

INVITATION

**3. Grazer Acro
Cup
Steirische LM**



3. Grazer Acro Cup

24th – 26th March 2023

We are pleased to invite your club/your Federation to our third International competition.

The competition is being prepared in accordance with the Austrian and the FIG regulations and rules in the following age groups and categories:

Youth, AG1 (11-16), AG2 (12-18), JUN (13-19) and SENIOR.

Provisional Schedule

Thursday	23 rd March 2023	Arrival of Delegations
Friday	24 th March 2023	Official Podium Training
Saturday	25 th March 2023	Competition all classes
Sunday	26 th March 2023	Competition all classes
Monday	27 th March 2023	Departure of Delegations

Venue information

Allgemeiner Turnverein Graz

Kastellfeldgasse 8 8010 Graz

Age Groups

Youth: 8-16 – Austrian Youth Program (last page)

AG1: min. 9 years old – max. 16 years old

AG2: min. 10 years old – max. 18 years old

JUN: min. 11 years old – max. 19 years old

SENIOR: min. 12 years old

Judges

Each team should apply at least one judge or they will be fined 250€. There is no international Judges brevet needed.

Entry Fee

Competition entry fee for:

- Youth 30€
- AG1, AG2, JUN, SEN 50€

The entry fee is not refundable!

Deadlines

Provisional entry – 18th December 2022
Definitve entry – 28th January 2023
Nominative entry – 24th February 2023
Entry Fee – 28th January 2023
Accomodation – 28th January 2023
Music – 24th February 2023
Tariff sheets – 11 March 2023

Accomodation

Best Western Plus Plaza Hotel Graz (15min walking distance to venue)
(<https://www.bestwestern.de/hotels/Graz/Best-Western-Plus-Plaza-Hotel-Graz?iata=00167770>)

Single Room

105€ incl. breakfast and local tax

Double Room

60€ per person incl. breakfast and local tax

Tripple Room (limited availability! First come first served)

45€ per person incl. breakfast and local tax

There is the possibility to take a halfboard (**breakfast + dinner**) for additional **25€** per person and day.

The hotel and venue are located at the city centre of Graz. There are multiple other options of supermarkets and restaurants.

Free cancelation of the hotel up to 6 weeks prior the stay!

Ofcourse there is the possibility to organize the hotel + meals on your own.

Transportation

There is no transportation between hotel and venue.

Transportation from airport, train station on request!

Airport Vienna – 2h30m to venue

Airport Graz – 20min to venue

Insurance

Each competitor **MUST** be insured at their own expense! The organizer cannot be held responsible.

Equipment

Competition floor: Bänfer (blue surface)

Warm-up floor: Spieth (blue surface) and Gymnova (beige surface)

Contact

Club: **Allgemeiner Turnverein Graz**

Elisabeth Gschier (+43 677 61128478)

Hannah Suntinger (+43 664 5356470)

→ lz.atg@gmx.at ←

Instagram: acrobatics_graz

Bank Details

Allgemeiner Turnverein Graz

IBAN: AT312081500000083386

BIC/SWIFT: STSPAT2GXXX

Payment reference: Acrobatics – name of your club

All payments have to be paid with Euro!

Covid Guidelines

Everyone is allowed to attend the event at their own risk and is required to comply with the institution's policies, safety regulations and current COVID regulations. The competition will be held in accordance with any epidemiological rules, of which the organizer will inform the participants before the final entry deadline. The presence of spectators at the competition, the restrictions on spectators' entry and the vaccination and testing obligations of delegations (vaccination certificate and / or PCR test or on-site rapid antigen test) will depend on the epidemiological rules in force and the organizer's preliminary provisions. The cost of any testing obligation should be borne by the participating delegations.

YOUTH RULES

1. General: 1 Combined exercise (difficulty is calculated in accordance with FIG 11-16 Age Group rules): Optional elements and individual elements are NOT counting for difficulty, maximum difficulty counted is 0,5. 2:30 minutes maximum duration.

2. Pairs: Choose 2 balance elements from different rows from 11-16 difficulty tables + 1 optional* element and 2 dynamic elements from different rows from 11-16 difficulty tables + 1 optional* element.

3. Groups: Choose 1 pyramid from 11-16 difficulty tables + 1 optional* pyramid (only 2 static holds of 3'' are required in the routine) and 2 dynamic elements from 11-16 difficulty tables + 1 optional* element.

The pyramids must be performed as separate constructions.

*OPTIONAL elements can be from FIG tables (with max. difficulty according to 11-16 rules) or 11-16 difficulty tables but cannot be from the same rows used for the compulsory elements.

4. Individual: Individual elements must be executed: 2 elements from the categories static hold, agility or flexibility (same category at the same time). 2 elements tumbling (no salto required); Round off is compulsory for all partners.