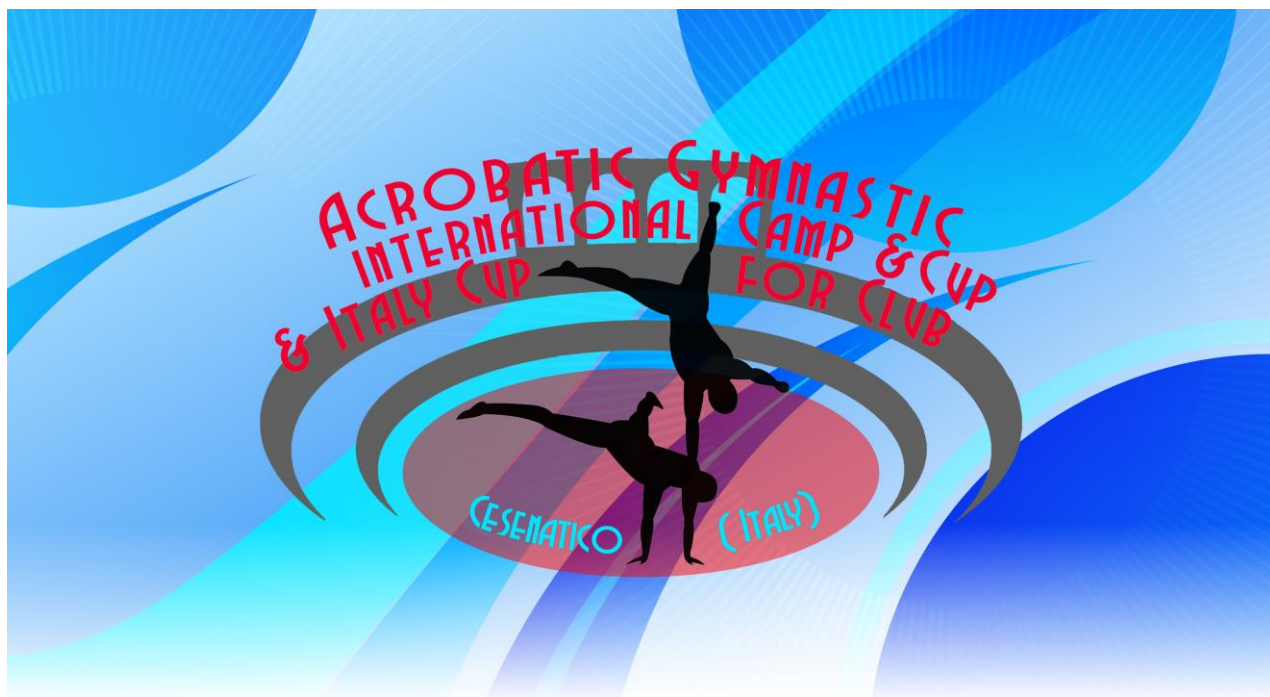


**International Training  
National Championship FISAC 2021  
7<sup>th</sup> International Acrobatic Cup for  
Clubs 2021**



**CESENATICO ITALIA  
April 2021**

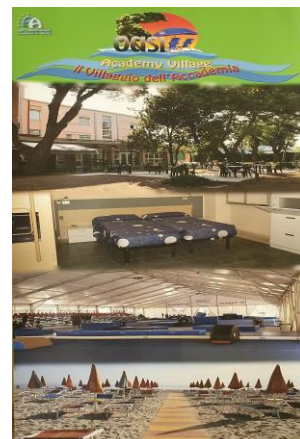
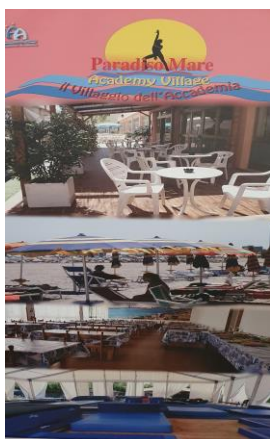
- International Training 01-02/04
- 7<sup>th</sup> International Championship FISAC Cup - for clubs 03-04/04

**FISAC's goal for prosperity and development of Acrobatics in Italy and Europe is due to success of the International Team Gym Cup in which 15 countries now participate with well over 70 teams from different nations.**

**Over 300 Athletes** have participated from different clubs and nations such as Bulgaria, Germany, Moldova, Hungary, Portugal, United Kingdom, Ireland, Puerto Rico, Switzerland, USA, Wales, Austria, Ukraine, Israel, and Italy.

**With the collaboration of the Acrobatic Academy of Cesenatico, Federal National Technical Head Quartier, FISAC will offer at the participants substantial economic help to this international competition and at the NATIONAL CHAMPIONSHIPS 2021!**

**FISAC NATIONAL ACROBATIC CHAMPIONSHIPS will be open to all Clubs (Sport Clubs) and federations.**



# GENERAL INFORMATION

<p><b>COMPETITION ORGANIZERS</b></p>	<p><b>FISAC – FEDERAZIONE ITALIANA SPORT ACROBATICI E COREOGRAFICI</b>          Viale. Cristoforo Colombo 18          47042 Cesenatico  <a href="mailto:direzione@villaggioaccademia.it">direzione@villaggioaccademia.it</a> ( Accomodation Info )  <a href="mailto:cesare.yankov@fisacgym.it">cesare.yankov@fisacgym.it</a> ( Competition Info )</p>
<p><b>LOCATION</b></p>	<p><b>CESENATICO - ITALIA</b></p>
<p><b>DATES</b></p>	<p><b>From 01 APRIL to 04 APRIL 2021</b></p>
<p><b>VENUE</b></p>	

<p><b>REGISTRATION DEADLINES</b></p>	<p>The price for the stay for careers always at the quarters is 37 € with the full pension treatment (drinks included).</p> <p>The price for the stay (full pension) at the Acrobatic academy quarters for athletes and technicians is 37 € per day included also with transportation to and from the Station of Cesenatico</p> <p>The accommodation payment and transfer must be made within 08 March 2021 by bank transfer to the following account:</p> <p><b>CREDITO COOPERATIVO ROMAGNOLO ACCADEMIA ACROBATICA SRL IBAN: IT79P0707024000010000847348 C/C Numero: 10-000847348 BIC: ICRAITRRTQO</b> Reason for Payment: (Name of the Club and number of full delegation)</p> <p><b>IMPORTANT / ACCOMODATION / TRANSFER /</b> For more organizational and logistical information you can call the following numbers: FISAC Secretary and Presidency +39 380 2982176 - 0547-84935 and ask for Franca <a href="mailto:franca.casadei@fisacgym.it">franca.casadei@fisacgym.it</a></p> <p><b>For more Technical information:</b> National Technical Direction - Lachezar Cesare Yankov +39 348 3814080 <a href="mailto:cesarebg@live.it">cesarebg@live.it</a> / <a href="mailto:cesare.yankov@fisacgym.it">cesare.yankov@fisacgym.it</a></p>
<p><b>ENTRY FEE Training end Competition Categories</b></p>	<p>The price of the Training previously to the competition is 10 € per athlete (<b>Full training, use structures and tools of the Federation FISAC</b>) Training and entry to the competition, you pay in Acrobatic Academy.</p> <p>Entry to the competition is 20 € for Athlete. (C1, C2, Podest) Entry to the competition is 35 € for Athlete. (B, Age Group, Senior)</p>
<p><b>VISA</b></p>	<p>If you need an official invitation to obtain a visa to travel to Italy, please contact us as soon as possible, no later than 01 of December 2020 (please, fill the necessary documents).</p>
<p><b>INSURANCE</b></p>	<p>The organizer is not responsible for any liability in the case of accidents. Therefore, all participants are advised to look for adequate insurance coverage.</p>

<b>INTERNATIONAL TRANSPORTATION</b>	<p>Free transport from and to the Station of Cesenatico.</p> <p>Bologna Airport for groups of at least 8 people is 20€ each way. 40€ in total from and to Bologna Airport.</p> <p>For groups less than 8 people price still to decide. Arrivals to other Airports still to calculate.</p>
<b>ACCOMODATION end Special Offers for Clubs</b>	<p>Every Club with more than 10 registered Athletes at the Championship and at the Training (both) will have a complimentary stay for 1 Technician and 1 judge for the entire period.</p> <p>Every Club with less than 10 registered Athletes will have a complimentary stay for 1 Judge for the entire period.</p>
<b>FINAL BANQUET</b>	<p>Saturday, the 3<sup>rd</sup> April 2021</p>
<b>PROVISIONAL SCHEDULE</b>	<p><b>Thursday - 01 APRIL</b> Arrival of Delegations and accommodation. Training in Academy. Technical meeting for the judges and coaches.</p> <p><b>Thursday - 01 / Friday 2 APRIL</b> Training in Academy. <i>Full training, use structures and tools of the Federation FISAC</i></p> <p><b>Saturday, 3<sup>rd</sup> APRIL</b> Opening ceremony Competition Banquet – Farewell party</p> <p><b>Sunday 4<sup>rd</sup> April</b> Competition Gala performances Awards Ceremony</p> <p><b>Monday 5<sup>th</sup> only National championships C3 category</b> Departure of the delegations</p>
<b>GALA Farewell Party</b>	<p>We welcome any delegation to participate in the Gala performance, which will take place before the awarding ceremony on <b>Saturday 3 April</b>. Please, inform us about your gala performance in your registration.</p>
<b>AWARDS</b>	<p><b>ACRO</b> You can take part with more pairs and groups per category, but only one of them per club per category Age 11-16/12-18/13-19/Seniors will take part on the final (those who has the best score).The organizers can take part with more gymnasts from club per category, but only 2 of them can be rank.</p> <p><b>Individual all around (for each category)</b> First 3 positions will be award with medal: Gold-Silver-Bronze. Certificate: Every Participant CUP: Team Competition</p>

International Acrobatic Cup 2021 Ranking and Prices  
The Following Rules are only for the ONE competition  
Cesenatico (IT) 2021  
Ranking

Final Results: In all the compositions and categories are admitted to the final classification only combinations that have participated in at least 2 steps of the International Cup and the classification will be drawn up taking into account the sum of the two best steps more the "Bonus".

Prizes: The prizes are at the discretion of the individual stages of O.C. of each step. The final classification of awards is offered by the "Village Academy" with any other prizes offered by other sponsors.

Prizes: The prizes are at the discretion of the individual stages of O.C. of each step. The final classification of awards is offered by the "Village Academy" with any other prizes offered by other sponsors.

Prizes

- 1<sup>o</sup> place, one-week stay at the A.V. (Academy Village-Cesenatico- Italy) + 1 coaches, completely free.
- At the 2nd one-week stay at the A.V. + 1 coaches, with 50% discount.
- At the 3rd, one-week stay at the A.V. + 1 coaches, with 30% discount.

\*Prizes will include 10 athletes + 1 coach

The above conditions will be valid only if in the final rankings will be 3 or more combinations in each category.

Sponsored by:



**BANK  
ACCOUNT  
INFORMATION**

**Payments must be pay as follows:  
The accommodation payment and transfer must be made  
within 08 of Match 2021 by bank transfer to the following  
account:**

**CREDITO COOPERATIVO ROMAGNOLO  
ACCADEMIA ACROBATICA SRL**

**IBAN: IT79Po707024000010000847348**

**C/C Numero: 10-000847348**

**BIC: ICRAITRRTQO**

**Reason for Payment: (Name of the Club and number of  
persons.)**

<b>Technical Information for Championship al Category</b>	<b>Tariff Sheet – Saturday 20 February 2021</b> <a href="mailto:acrocupfisac@gmail.com">acrocupfisac@gmail.com</a>  <b>Musik – Saturday 06 March 2021</b> <a href="mailto:acromusicfisac@gmail.com">acromusicfisac@gmail.com</a>	
<b>DEADLINES SUMMARY</b>	<b>DEFINITIVE REGISTRATION</b>	Saturday 20 February 2021
	<b>VISA REQUEST FORM</b>	Tuesday 01 December 2020 - Definitive
	<b>NOMINATIVE REGISTRATION</b>	Saturday 16 January 2021 - Provisional (Declaration of interest end name of Clubs) <b>Saturday 20 February 2021 – Definitive</b> (names of gymnast, category, judges)
	<b>TRAVEL SCHEDULE FORM</b>	Saturday 16 January 2021 - Provisional (Declaration of interest end name of Clubs) <b>Saturday 20 February 2021 – Definitive</b> (names of gymnast, category, judges)
	<b>ACCOMODATION FORM</b>	Saturday 16 January 2021 Provisional (Declaration of interest end name of Clubs) <b>Saturday 20 February 2021 – Definitive</b> (names of gymnast, category, judges)
	<b>PAYMENT OF THE ENTRY FEE</b>	Training and entry the competition, you pay in Acrobatic Academy Friday 02/04/2021
	<b>PAYMENT OF ACCOMODATION</b>	<b>Saturday 20 February 2021 – Definitive</b>

**TECHICAL INFORMAZION  
FOR REQUIRIMENTS**

**GERMAN, BULGARO, RUSSO – [g.kiryakov@gmax.net](mailto:g.kiryakov@gmax.net) /**

**ITALIANO, RUSSO, BULGARO, POLACO – [cesarebg@live.it](mailto:cesarebg@live.it)  
[cesare.yankov@fisacgym.it](mailto:cesare.yankov@fisacgym.it)**

**TECHNICAL REQUIREMENTS  
ACROBATIC GYMNASTICS  
For Open Group  
Group C1 / C2 – Combined  
(Group C3 – Combined – ONLI Italian  
Championship)  
Group B – Static, Dynamic  
Podest – Individual W/M (C1, C2, B)  
Age Group / 08-16 / 11-18 / 12-19 / Seniors**

<b>Group C</b> C1 / 6 – 14 anni C2 / fino 19 anni	<b>Requisiti Minimi:</b>	<b>Requisiti Speciali:</b>	<b>Composizione e dell'esercizio</b>
<p style="text-align: center;"><b>Combinato</b></p> <p style="text-align: center;"><b>2.30</b></p> <p style="text-align: center;">È AMMESSA LA MUSICA CON LE PAROLE</p>	1 elemento Statico – categoria 1 1 elemento Statico – categoria 2 1 elemento Statico – categoria 3 3 elementi dinamici.  <b>3 elementi Individuali</b>  1 elemento Categoria 1 1 elemento Categoria 2	<p style="color: red;">1 elemento di presa Maximum 2 arrivi a terra dal Partner. Totale 5 arrivi a terra</p> <p style="color: red;">Maximum 3 posizioni di partenze e prese uguali.</p> <p>Statici:            Il top un elemento uguale maximum 2 volte – Posizione Statica e 2 volte in transizione della base.</p>	<p><b>Referente codice DSAB.</b></p> <p>Maximum 8 elementi (minimo 6 elementi) di gruppo e 3 elementi individuali.</p> <p style="color: red;">Il terzo elemento individuale – libero - dalle categorie 1 o 2.</p> <p style="color: red;">Differenza tra elementi statici e dinamici 50%.</p> <p>Difficoltà 80 = 0,8 Massimo + 10 Tolleranza.</p> <p>Coppie: La base NON può ripetere la stessa posizione</p> <p>Gruppo: se la Top e la Mezzana, sono nella stessa posizione si conta una sola volta (es.: due squadre valgono come una)</p>



<b>CRUPPO C 3 - IT competizione</b>	Requisiti Minimi obbligatori	Requisiti Speciali	<b>Composizione dell'Esercizio</b>
<b>Combinato 2.30</b>  (Programma per atlete principianti - una ginnasta può partecipare al max. a due esercizi nella categoria - C3)  È AMMESSA LA MUSICA CON LE PAROLE	1 elementi Statici – categoria 1 1 elemento Statico – categoria 2  2 elementi dinamici  3 elementi individuali  1 elemento individuale – categoria. 1 1 elemento individuale – categoria. 2	Eventuale il terzo elemento statico – LIBERO  Terzo elemento individuale LIBERO  MAX. PUNTEGGIO ELEMENTI: STATICO/DINAMICO INDIVIDUALE V. 4  Solo per il Trio max. Del punteggio elementi dinamici V3	<b>Referente codice DSAB.</b>  Maximum 6 elementi (minimo 4 elementi) di gruppo e 3 elementi individuali per la difficoltà.  Nessun limite di partenze e arrivi uguali.  Differenza tra elementi statici e dinamici 50%.  Difficoltà max. 30 = 0,3 Massimo

<b>Group B Coppie / Pairs</b>	<b>Requisiti Minimi:</b>	<b>Requisiti Speciali:</b>	<b>Pairs Balance</b>
<b>Statico 2.30</b>  Max. 80V + 10 T AGE 12 - 18  Senza limiti di età tra le partner. Età minima otto anni (per la top)	* COPPIE  *Minimo: 5 elementi, con minimo 3 posizioni da 3”  *Tutti gli elementi devono avere difficoltà minima V1.  * Una transizione obbligatoria della Top esempio:  (Squadra – cocodrillo) (In piedi – discesa in spaccata della base)  * NON è obbligatoria la verticale (per la top) e il Salto per elementi individuali per tutti.	*Maximum 8 elementi di coppia.  Una posizione statica per la top può essere ripetuta max. 4 volte. (Ad esempio: la verticale 2 volte in posizione statica e 2 volte con transizione della base).  * Maximum 3 elementi individuali per la difficoltà V categoria 1. Flessibilità, Balance, Agilità  *Valgono Tutti i Requisiti Speciali per esercizi STATICI in Vigore <b>FIG:</b>  <b>Age Group 12-18</b>	○ at least 5 partner elements with a minimum of 3 static positions with 3” stop by the top. Maximal 8 Partner elements. ○ at least 1 motion by the top or the base ○ at least 3 individually elements of category 1 <b>Special requirements:</b> • an individually somersault or back flip is not required • a handstand of the top is not required • There are all the other restrictions of the World
* la categoria B - Gruppo / Group  Possono eseguire anche solo un	GRUPPO/GROUPS  *Minimo 2 piramidi separate da diverse categorie, con 3	*Maximum 4 piramidi separate in un esercizio di diverse categorie.  *La difficoltà per la transizione si prende quando	<b>GROUPS</b> ○ at least 2 single pyramids of different categories with a

<p><b>esercizio a scelta tra statico o dinamico.</b></p> <p><b>Classifica separata.</b> (NON C'E' LA SOMMA DEI PUNTEGGI PER ESERCIZIO STATICO E DINAMICO)</p> <p><b>È AMMESSA LA MUSICA CON LE PAROLE (solo in un esercizio – statico o dinamico)</b></p>	<p>posizione statiche tenute 3” ognuna.</p> <p>* Obbligatoria una Motion, Transizione (esempio: squadra, coccodrillo.)</p> <p>* <b>NON è obbligatoria la verticale (per la top sulla piramide)</b></p>	<p>da una posa statica x 3” si va ad un'altra posa statica x 3”</p> <p>*La Top può ricevere la difficoltà per la stessa posizione in una combinazione: * 2 volte per la statica * 2 volte per la transizione</p> <p>*Maximum 3 elementi individuali per la difficoltà V. Categoria 1.</p> <p>Valgono Tutti i Requisiti Speciali per gli esercizi STATICI in Vigore <b>FIG</b></p> <p><b>Age Group 12-18</b></p>	<p>minimum of 3 static positions with 3” stop by the top</p> <ul style="list-style-type: none"> <li>○ A maximum of 4 pyramids, all different categories</li> <li>○ at least 1 motion by the top</li> <li>○ at least 3 individually elements by category 1</li> </ul> <p><b>Special requirements:</b></p> <ul style="list-style-type: none"> <li>• an individually somersault or back flip is not required</li> <li>• a handstand of the top is not required</li> <li>• There are all the other restrictions of the World Age Group Competition Rules 12-18.</li> </ul>
<p><b>Dinamico</b> <b>2.00</b></p>	<p><b>Requisiti Minimi:</b></p>	<p><b>Requisiti Speciali:</b></p>	<p><b>DYNAMIC 2,00” basic requirements:</b></p>
<p><b>Coppie /Gruppi</b></p> <p><b>Max. 70V + 10T AGE 12 – 18</b></p> <p><b>Senza limiti di età tra le partner. Età minima 8 anni (per la top)</b></p>	<p>*Minimo 5 elementi Dinamici con fase di Volo.</p> <p>* Due 2 dei quali con ripresa del partner.</p> <p>*Max. 3 arrivi a terra (dal partner a terra)</p> <p>*Tutti gli elementi devono avere difficoltà minima V1.</p> <p>* <b>NON è obbligatorio Salto per gli elementi di gruppo e coppie, come anche per gli elementi individuali.</b></p>	<p>*Maximum 8 elementi di gruppo per difficoltà V.</p> <p>*Minimum 2 e max. 3 elementi individuali per la difficoltà V Categoria 2.</p> <p>*Valgono Tutti i Requisiti Speciali per gli esercizi STATICI in Vigore <b>FIG</b></p> <p><b>Age Group 12-18</b></p>	<ul style="list-style-type: none"> <li>• at least 5, maximum of 8 partner elements, from that</li> <li>○ at least 2 elements to the partner and</li> <li>○ maximum 3 bounces (from partner to the floor)</li> <li>○ at least 2 individually elements of the category 2</li> </ul> <p><b>Special requirements:</b></p> <ul style="list-style-type: none"> <li>• an individually somersault or back flip is not required</li> <li>• There are all the other restrictions of the World Age Group Competition Rules 12-18.</li> </ul>

<p style="text-align: center;"><b>Podest 2,30</b></p>	<p style="text-align: center;"><b>Requisiti Minimi:</b></p>	<p style="text-align: center;"><b>Requisiti Speciali:</b></p>	<p style="text-align: center;"><b>Composizione dell'esercizio</b></p>
<p>Disciplina Individuale. W/ M</p> <p>Esercizio Combinato.</p> <p>Elementi di verticali e posizioni di equilibrio in varie forme, eseguiti su un tavolino di verticalismo. Esercizio coreografato.</p>	<p><b>Allieve: "C "</b></p> <p>C1 - (6 - 14) C2 - (15 - 19)</p> <p>*Difficolta massima 60V. - (va divisa x 100 / = 0,60)</p> <p><b>Junior: "B" Classe</b></p> <p>(NON limite d'età - stesse regole della categoria. C)</p> <p>* Difficolta massima 80 V - (va divisa x 100 /= 0,80)</p> <p><b>Master Class:</b></p> <p>Nessun limite d'età ma segue il programma 12-19 FIG Combinato</p> <p>* Difficolta massima 80 V - (va divisa x 100 /= 0,80 * Tolleranza + 20 V * Elementi delle Tabelle da 1 a 5 di pag. 3 e pag. 4 con 360° Raddoppiano il punteggio. Obbligatorio il SALTO</p>	<p><b>Allieve e Junior</b></p> <p>3 Elementi. Statici di diverse categorie.</p> <p>3 Elementi. Dinamici con 360° giro di diverse categorie.</p> <p>Maximum 8 elementi.</p> <p>Individuali:</p> <p>1 categoria / uno 1 categoria / due</p> <p>Max. 3 elementi individuali</p> <p><b>Master Class</b></p> <p>3 Elementi. Statici di Diverse categorie</p> <p>3 Elementi Dinamici con 360° di giro di diverse categorie</p> <p>Individuali: (max. 3) 1 categoria / uno 2 categoria / uno (Dal Cod. FIG)</p> <p>Max. 8 Elementi</p>	<p><b>Allieve e Junior</b></p> <p>Almeno 2 discese libere dal Tavolino.</p> <p>Maximum 1 discesa con valore per la difficolta (ma non è obbligatoria)</p> <p>* Elementi statici possono essere ripetuti come Dinamici con 360°</p> <p>* Verticale, Flick e Salto NON sono obbligatori.</p> <p><b>Master Class</b></p> <p>Maximum 4 elementi. Eseguiti in serie, statici e dinamici possono essere collegati.</p> <p>* Uno degli elementi deve essere la verticale dalle categorie A/B/B1/C/D/E Pag. 1 programma Podest</p> <p>* Elementi statici possono essere ripetuti come Dinamici con 360° * Salto deve essere eseguito. * Minimum 2 discese dal Tavolino</p>

**TECHNICAL REQUIREMENTS  
ACROBATIC GYMNASTICS  
Age Group 08-16/11-18/12-19/ Senior  
FIG / 2017 – 2020 /  
(Aggiornamento Newsletter - FIG)**

<b>AGE GROUPS</b>	<b>QUALIFICATIONS</b>	<b>FINALS</b>	<b>COMPOSITION OF EXERCISES</b>
<b>08-16</b>	<p>Each pair and group present one Balance and one Dynamic exercise.</p> <p>The exercise is composed of compulsory and optional elements. The performance order is set by draw.</p> <p>Ranking after the qualifications is determined by the sum of scores from the two Exercises: Balance and Dynamic.</p> <p>The top 8 proceed to a Final with not more than one from each club in each category.</p> <p>Competitors cannot participate in the Final without competing in both Balance and Dynamic qualifying events.</p>	<p>Marking starts from Zero.</p> <p>In the final, pairs and groups will present one exercise:</p> <p>Women’s Pairs: Balance</p> <p>Mixed Pairs: Dynamic</p> <p>Men’s Pairs: Balance</p> <p>Women’s Groups: Dynamic</p> <p>Men’s Groups: Balance</p> <p>The reverse standing of the sum sets the performance order in the Final from both Balance and Dynamic exercises.</p>	<p><b>According to FIG Rules for Age Group 11-16</b></p> <p>Difference of Age max. 6 years</p>
<b>11-18</b>	<p>Each pair and group present one Balance and one Dynamic exercise. The performance order is set by draw.</p> <p>Ranking after the qualifications is determined by the sum of scores from the two exercises: Balance and Dynamic.</p> <p>The top 8 proceed to a Final with not more than one from each club in each category.</p> <p>Competitors cannot participate in the Final without competing in both Balance and Dynamic qualifying events.</p>	<p>Each Pair and group perform one Combined exercise in the finals.</p> <p>Marking starts from zero.</p> <p>The performance order in the Final is set by the reverse standing of the sum from both Balance and Dynamic exercises.</p>	<p><b>According to FIG Rules for Age Group 12-18</b></p> <p>Difference of Age max. 6 years</p>

<p><b>12-19</b></p>	<p>Each pair and group present one Balance and one Dynamic exercise.</p> <p>The performance order is set by draw.</p> <p>Ranking after the qualifications is determined by the sum of scores from the two Exercises: Balance and Dynamic.</p> <p>The top 8 proceed to the Final with not more than one from each club in each category.</p> <p>Competitors cannot participate in the Final without competing in both Balance and Dynamic qualifying events.</p>	<p>Each Pair and group perform one Combined exercise in the finals.</p> <p>Marking starts from zero.</p> <p>The performance order in the Final is set by the reverse standing of the sum from both Balance and Dynamic exercises.</p>	<p><b>According to FIG Rules for Age Group 13-19</b></p> <p>Difference of Age max. 6 years</p>
<p><b>Senior + 13</b></p>	<p>Each pair and group present one Balance and one Dynamic exercise.</p> <p>The performance order is set by draw.</p> <p>Ranking after the qualifications is determined by the sum of scores from the two Exercises: Balance and Dynamic.</p> <p>The top 8 proceed to the Final with not more than one from each club in each category.</p> <p>Competitors cannot participate in the Final without competing in both Balance and Dynamic qualifying events.</p>	<p>Each Pair and group perform one Combined exercise in the finals.</p> <p>Marking starts from zero.</p> <p>The reverse standing of the sum sets the performance order in the Final from both Balance and Dynamic exercises.</p>	<p><b>According to FIG Rules for Senior</b></p>